



PHARMACOLOGICAL ACTIVITIES OF SOME PLANTS OF FAMILY ZINGIBERACEAE

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Plants of family Zingiberaceae are widely used in traditional medicines. Their reputed efficacy can be represented as pharmacological activities of 4 categories.

Category I : Activities which are used in females as : abortifacients emmenagogues, menstruation regulators, post partum preventive medicines, etc...

Category II : Analgesic, anti-inflammatory, antipyretic, antirheumatism and diaphoretic activities.

Category III : Activities which are used to treat respiratory disorders, such as : antiasthma, antitussive, expectorant, etc...

Category IV : Activities which are used to treat various conditions of gastrointestinal disorders, e.g. : as antiemetics, antipeptic ulcers, antispasmodics, carminatives ; to treat abdominal disorders as dysentery and indigestion, etc...

Among numerous pharmacological activities of Zingiberaceous plants : anti-inflammatory, bronchodilator and uterine stimulant/relaxant activities are of interested. Some Zingiberaceous plants found in Thailand and also compounds derived from 2 species : *Boesenbergia pandurata* and *Zingiber cassumunar* were screened for these activities. The rat uterus *in situ*, and carrageenin-induced paw edema in rat experiments were used in the screening for uterine stimulant/relaxant, and anti-inflammatory activity, respectively. Results obtained are shown in Tables 2 and 3.

Of the two compounds : 5,7-dimethoxy flavone and 5,7-dihydroxy flavanone known to present in the hexane fraction of *Boesenbergia pandurata*, only the former showed anti-inflammatory activity (Table 4). It was found to be effective in acute but less effective in chronic inflammation, and its anti-inflammatory activity was suggested to be due to prostaglandin synthesis inhibition (1).

Compound D : E-4-(3', 4' -dimethoxyphenyl)-but-3-en-1-ol, and its acetate and palmitate derivatives isolated from hexane extract of *Zingiber cassumunar* were found to have anti-inflammatory activity (Table 5). In addition, compound D has been found to exert a uterine relaxant activity which is not via a *beta* adrenergic receptor stimulation (2).



Table 3 : Anti-inflammatory activity of crude extracts of some Zingiberaceous plants.

| Plants | Types of extracts | Dose mg/kg (orally) | % inhibition of carrageenin induced rat paw edema |
|--|-------------------|---------------------|---|
| <i>Boesenbergia pandurata</i> (Black variety) | MeOH | 500 | 9.61 ^c |
| | CHCl ₃ | 500 | 15.75 ^c |
| | Hexane | 500 | 46.41 ^a |
| <i>Boesenbergia spp.</i> (En leuang) | MeOH | 500 | 45.38 ^a |
| <i>Boesenbergia spp.</i> (Rahng jeut) | MeOH | 500 | 55.34 ^a |
| <i>Curcuma spp.</i> (Plai daeng) | MeOH | 500 | 34.61 ^b |
| | CHCl ₃ | 500 | 10.81 ^c |
| | Hexane | 500 | 24.75 ^b |
| <i>Zingiber cassumunar</i> | MeOH | 500 | 73.26 ^a |
| | Hexane | 500 | 35.97 ^b |

a = good anti-inflammatory activity (>40% inhibition)

b = moderate anti-inflammatory activity (20-40% inhibition)

c = weak anti-inflammatory activity (<20% inhibition)

Table 4 : Anti-inflammatory activity of hexane extract and flavanoid present in *Boesenbergia pandurata*.

| Extract / Compounds | Dose mg/kg (orally) | % inhibition of carrageenin induced rat paw edema |
|------------------------|---------------------|---|
| Hexane extract | 500 | 46.41 ^a |
| 5,7-dimethoxyflavone | 300 | 43.80 ^a |
| 5,7-dihydroxyflavanone | 300 | - |
| Acetyl salicylic acid | 300 | 45.40 ^a |

a = good anti-inflammatory activity (>40% inhibition)



Table 5 : Anti-inflammatory activity of hexane extract and compounds present in hexane extract of *Zingiber cassumunar*.

| Extract / Compounds | Dose mg/kg (orally) | % Inhibition of carrageenin induced rat paw edema |
|-------------------------------|---------------------|---|
| Hexane extract | 500 | 73.26a |
| Compound B | 100 | 34.78b |
| Compound D | 100 | 51.91a |
| Acetate ester of compound D | 100 | 60.07a |
| Palmitate ester of compound D | 100 | 38.21b |
| Acetyl salicylic acid | 300 | 65.37a |

a = good anti-inflammatory activity (>40% inhibition)

b = moderate anti-inflammatory activity (20-40% inhibition)

Acknowledgements : we thank the International Foundation for Science, UNESCO and the Network for Chemistry of Biologically Important Natural Products, an activity of the international Development Programme of Australian Universities and Colleges for financial supports.

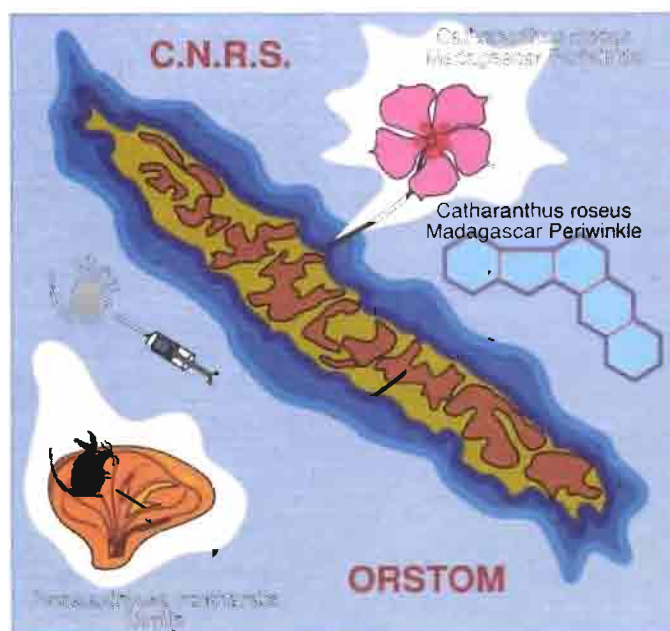
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Troisième Symposium sur les substances naturelles d'intérêt biologique de la région Pacifique-Asie

Noumée, Nouvelle-Calédonie, 26-30 Août 1991

ACTES



Pseudaxinyssa cantharella
Girolle