

# The hydrological Cycle of the Intraseasonal Oscillation

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## 1. INTRODUCTION

Since better understanding of 30-60 day oscillation can lead to improvements in medium and long range weather prediction, this phenomenon has attracted considerable attention. The 30-60 day oscillation was identified by Madden and Julian (1971, 1972) as the eastward propagation of a wavenumber 1 disturbance in tropical, tropospheric zonal wind and surface pressure fields. The range of the period of this disturbance corresponds to a zonal phase speed of 10 to 15  $ms^{-1}$ . Other observational studies have documented disturbances with a similar period of 30 to 60 days in other physical fields. These findings include the oscillations in atmospheric angular momentum (Anderson and Rosen, 1983, and Risbey and Stone, 1988), convective activities and cloudiness (Yasunari, 1980), outgoing long wave radiation over the Indian-Western Pacific Oceans (Murakami *et al.*, 1986, among others) and perturbations in precipitation amount over the same area (Hartmann and Gross, 1988). In addition to atmospheric phenomena, 30-60 day fluctuations of sea level height (Enfield, 1987, and Mitchum and Lukas, 1987) and sea surface temperature (SST) (Enfield, 1987) have also been found. From these studies it is obvious that the 30-60 day oscillation is a complex process involving disturbances in both the tropical atmosphere and ocean.

Despite the multitude of observational studies, a satisfactory theoretical explanation of the 30-60 day oscillation has yet to be agreed upon. Since Gill's (1982) finding, that the phase speed of the tropical waves can be significantly reduced due to reduction of the static stability (hence the equivalent depth) of the atmosphere by latent heat release, the linear tropical wave theory (Matsuno, 1966) after being refined by the diabatic heating parameterization, has been widely applied in explanation of the 30-60 day oscillation. For example, Lau and Peng (1987) proposed the 'mobile wave CISK' mechanism and Chang and Lim (1988) developed the 'Kelvin wave CISK' theory. Although the selected or the newly generated waves in these theories were indeed amplifying as propagating eastward the phase speed of these waves was crucially dependent on the diabatic heating profile used in these models. In order to have a phase speed close to the observed one the heating profile has to have a peak in the lower troposphere. This heating profile, however, is more representative of situations for the mid-latitude than of the tropics (Reihl and Malkus, 1958).

Attempts were also made to find new modes which could be responsible for the observed 30-60 day oscillation.

Anderson and Stevens (1987), for example, specified several slow poleward propagating unstable modes in their 2-D eigenvalue model which included an equatorial symmetric Hadley circulation.

Studies in which the intraseasonal oscillation was regarded as an atmospheric response to a sporadic external heating with a 30-60 day period is another category in the approach. By postulating an oscillatory heating as the forcing, many experiments with different atmospheric models were able to produce the expected low frequency oscillatory features (Yamagata and Hayashi, 1984, and Salby and Garcia, 1987). The lack of an explicit instability mechanism in this category of explanation remains questionable, however, if one views the 30-60 day oscillation as purely an intrinsic atmospheric oscillation.

The sporadic 'external' forcing may turn into an 'internal' one when the ocean and atmosphere are considered as one system. Krishnamurti *et al.* (1988) has found the observational evidence of the air-sea interaction on the time scale of 30-60 days. Emanuel (1987) and Neeling *et al.* (1987) looked at the evaporation-wind feedback effect in an ocean-atmosphere system. They showed that the low frequency oscillation can be amplified by drawing energy from the warm ocean surface through this feedback. Although the existence of the oscillation does not depend on the evaporation-wind feedback (Neeling *et al.*, 1987) their studies certainly provided a different perspective for understanding this problem.

In this study, we propose a new theory explaining the origin of low frequency oscillations in the tropics. In our models both the lower atmosphere and upper ocean layers are included and are treated as a fully coupled system. Based on the model results, we suggest that the observed 30-60 day oscillations in the tropical troposphere and in the ocean are the manifestation of the cloud-radiation, atmosphere-ocean feedback processes, and that their realization depends on the hydrologic cycle in this system.

In the next section, the basic physical mechanism for the 30-60 day oscillation in terms of the hydrologic cycle is presented. Sections 3, 4 and 5 describe three different models and their results. Our conclusions are summarized in Section 6.

## 2. MECHANISM

The tropical atmosphere above the warm ocean surface is heated through the energy exchanges with the ocean. Meanwhile evaporation from the ocean moistens the lower part of



F 30236

the tropical troposphere. The warmer the ocean mixed layer, the more heat and more moisture are added into this part of the atmosphere.

The removal of the accumulated 'extra' heat and moisture from the tropical atmosphere occurs through deep cumulus convection (Riehl and Malkus, 1958). This convection is crucial in the hydrologic cycle of the tropical atmosphere-ocean system. When explaining the conditional instability in the tropical atmosphere, Ooyama (1969) showed that the vertical temperature and moisture structures in the tropics possess a conditionally unstable character before the onset of convection. However, this instability is realized only when the lower troposphere is sufficiently moistened, through surface evaporation and/or large-scale convergence. This characteristic of the tropical atmosphere is important as it highlights the key role played by the moisture in the occurrence of tropical convection. In our conceptual models, presented in the next two sections, we will set a critical moisture value as the 'model atmospheric moisture tolerance' to represent this thermodynamic feature of the tropical atmosphere. This treatment principally follows the philosophy in parameterizing cumulus convection (Kuo, 1975, and Stevens and Lindzen, 1978) and is based on empirical evidence such as the observed moisture changes in synoptic scales wave disturbances (Reed and Recker, 1971).

When the conditional instability is being released, the convection not only diminishes the extra moisture in the atmosphere through precipitation but, through cloud-radiation interaction, also reduces the sea surface temperature by attenuating the solar radiation energy available at the ocean surface. The result of this is to return the extra water substance in the atmosphere back to the ocean and to reduce the sea surface temperature to its 'climatological' value.

In short, a natural cycle represented by the hydrologic process in the atmosphere-ocean system is spontaneously carried on in the tropics. Our model shows that, simply restricted by the 'moisture tolerance', such a cycle possesses an intraseasonal time scale.

### 3. A SIMPLE MODEL WITH FIXED SST

#### a) The Model

In this section we demonstrate the existence of the hydrologic cycle in a simple atmosphere-ocean system with fixed ocean parameters. The schematic structure of this model is given in Fig. 1. As shown in Fig. 1 only thermodynamic processes are considered in this model. Our attention is to describe the accumulation of the extra water content in the atmospheric

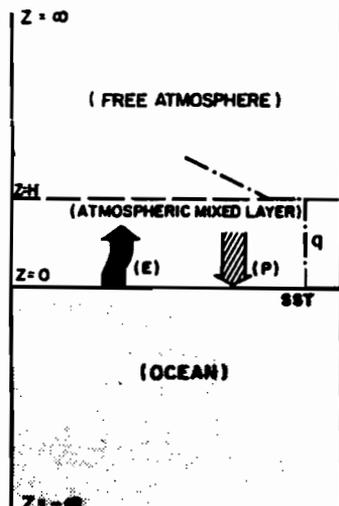


Fig. 1: Schematic structure of the model (MD1) with a fixed sea surface temperature (SST).

mixed layer through evaporation and the removal of this content by precipitation; horizontal convergence and divergence are neglected.

The temperature of the atmospheric mixed layer is characterized by a near-surface atmospheric temperature  $T_a = T_s - \Delta T(^{\circ}C)$ . Precipitation is assumed to take place when the 'atmospheric moisture tolerance' is achieved. As an initial approach we specify this critical condition as that when the mixing ratio of the atmospheric mixed layer reaches 90% of the saturation value at its temperature,  $T_a$ .

The amount of moisture evaporated in each time interval,  $\Delta t$ , is calculated by

$$\Delta E = \int_{\Delta t} E(t) dt, \quad (1)$$

where,

$$E(t) = \rho_a C_D |u_s| [q_{sat}(T_s) - q_{atm}(t)] \quad (2)$$

(Neeling *et al.* 1987). In (2),  $\rho_a$  is the mean density of the atmospheric mixed layer,  $C_D$  is the surface drag coefficient and is treated as a constant of 0.001. The parameter  $u_s$  is the low level wind at 10 meters above the sea surface,  $q_{sat}(T_s)$  is the saturation mixing ratio of the atmosphere at temperature  $T_s$ , and  $q_{atm}(t)$  is the actual mixing ratio of atmospheric mixed layer at time  $t$ . The value of  $q_{atm}$  is updated at time step  $t + \Delta t$  by an increment  $\Delta q$  given by

$$\Delta q = \frac{1}{(\rho_a H)} \int_{\Delta t} (E(t) - P) dt. \quad (3)$$

Here  $P$  represents the precipitation rate and is assumed as a constant, 2.5mm/day (Wang, 1988) during the model's rainy period and  $H$  is the mixed layer depth.

By using a mean atmospheric moist state and the precipitation rate, the model is integrated with a one hour time interval for 1000 days.

#### b) Model Result and Sensitivity

Fig. 2 shows the results of two model integrations. Model parameters used in these integrations are listed in the figure caption. The displayed field, extra water content, indicates the column moisture amount above an assumed background state, which corresponds to a mixing ratio ( $q_{atm}$ ) of 15g/kg in the atmospheric mixed layer.

An *ad hoc* parameterization of the low-level wind, intended to represent the higher winds and associated transfers between atmosphere and ocean during convection,

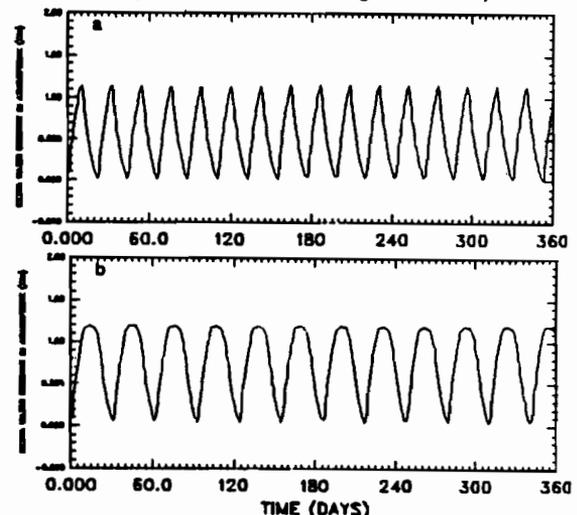


Fig. 2: Predicted hydrologic circulation in the model atmosphere-ocean system. The model low level wind,  $u_s$ , used in (a) is a constant of 2.0 m/s, and in (b) is that given in Eq. (4), with  $u_b = 2$  m/s,  $u_m = 12$  m/s, and  $\Delta t_d = 13$  days. Other model parameter values are  $T_s = 28.5^{\circ}C$ ,  $T_a = 28.0^{\circ}C$ ,  $H_{atm} = 1500$  m and  $P = 2.5$  mm/day.

$$u_s(t) = \begin{cases} u_b & t \leq t_c \\ u_m & t_c \leq t \leq t_c + \Delta t_m \\ u_m - \frac{u_m - u_b}{\Delta t_d} [t - (t_c + \Delta t_m)] & t_c + \Delta t_m \leq t \leq t_c + \Delta t_m + \Delta t_d \end{cases} \quad (4)$$

is used in getting the result in Fig. 2b. In this expression  $u_b$  is the mean background wind speed and  $t_c$  is the time when the atmospheric moisture tolerance is achieved. The maximum wind speed,  $u_m$ , is assumed to occur during the prescribed time interval  $\Delta t_m$  when deep cumulus convection is present. This time increment is prescribed to be 2 days,

From the results shown in Fig. 2 the existence of the hydrologic cycle operating in this simple atmosphere-ocean system is clearly evident. Through the processes of evaporation and precipitation, which are constrained by the moisture tolerance and its implied conditional instability, the hydrologic cycle is naturally introduced in this system. Furthermore, through a comparison of these two results, we see that the presence of this cycle is independent of the detailed structure of the low level wind. This independence suggests that the oscillation in the low level wind field may be considered a consequence of the hydrologic cycle. Since the time evolution of the heating profile in the tropical troposphere is directly related to the different phases of the hydrologic cycle, this cycle provides an external heat/energy source for the atmosphere. This source disturbs the energy state of the tropical atmosphere to which the wind and mass fields of the atmosphere then adjust. Thus this hydrologic cycle is a plausible mechanism for initiating oscillations of similar frequency in wind and mass fields in the tropical atmosphere. The influence of the varying low level wind field on the frequency of the hydrologic cycle is also noticeable in Fig. 2, although it does not determine the existence of the cycle *per se*.

Results of model integrations with different model parameters are presented in Fig. 3. These results were obtained with the same low level winds as used to produce Fig. 2b. A significant characteristic shown in this figure, is that the period of the resultant hydrologic cycle in this system increases with increasing model SST. This result is consistent with the observation that low frequency oscillations are preferred in regions of warmest SSTs (Webster, 1987).

The model sensitivities to different low level wind speeds and values of precipitation rate are also illustrated in Fig 3.

#### 4. COUPLED INTERACTIVE ATMOSPHERE-OCEAN MIXED LAYER MODEL

The existence of the hydrologic cycle and its relationship to the low frequency oscillation in the tropical troposphere have been shown by the one-way interaction model (hereafter MD1) of Section 3. Since a fixed SST was applied in MD1, the question of how this cycle as well as its time scale is influenced by a time varying SST still remains. In this section we address some aspects of this issue.

##### a) The Model

The model structure and the major physical processes are schematically illustrated in Fig. 4. As in MD1, we focus on the thermodynamics of this atmosphere-ocean system and ignore any detailed dynamics. The model's ocean mixed layer process follows that in Kraus and Turner (1967), and Denman (1973)

In this model to incorporate in the model SSTs which vary in time, a detailed energy budget in the ocean mixed layer is required. As the only energy source in this budget,

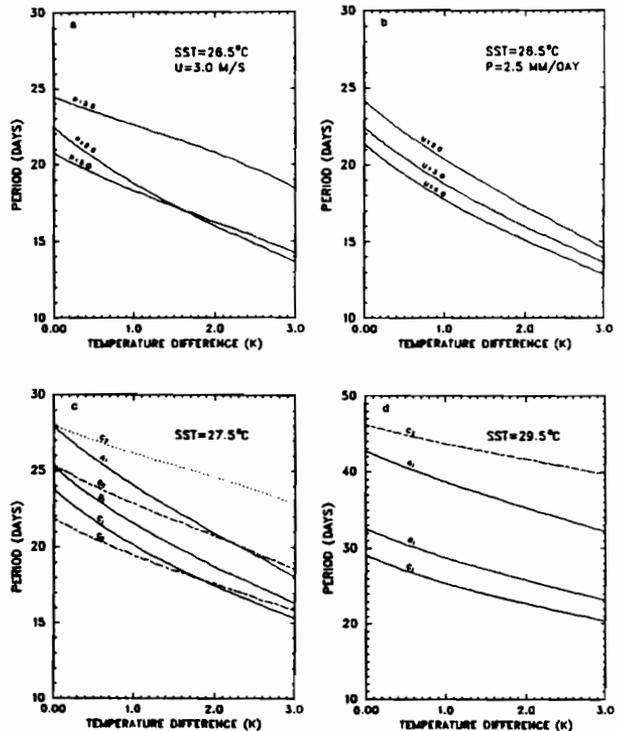


Fig. 3: Predicted period of hydrologic circulation with different model conditions. The abscissa shows the temperature difference between the ocean and the atmosphere. (a) and (b) show the model sensitivities to the changes in precipitation rate  $P$  [unit: mm/day] and the model low level wind  $u_s$  [unit: m/s], respectively. In (c) and (d), the 3 groups of results, e.g.  $A_i$ ,  $B_i$  and  $C_i$  are for 3 different  $P$ 's used in the model, i.e. 2.5, 3.0 and 3.5 mm/day. The subscript  $i$ , from 1 to 3, stands for different low level wind conditions of 2.0, 3.0 and 4.0 m/s. Lines are not plotted in (c) and (d) when a balance between  $E$  and  $P$  is the case and therefore no oscillation occurs.

the input solar energy at the ocean surface needs to be included. This input further varies with presence or absence of cumulus convections through cloud-solar radiation interaction. On the other hand, the energy losses through infrared radiation (IR) from ocean surface, and sensible and latent heat exchanges with the atmosphere are also considered. Since explicit prediction of key processes, such as cloud generation and interaction of clouds with solar radiation, is beyond the scope of this mechanistic study, we parameterize their effects. To express the cloud influence on the solar radiation, for example, we assume different values of the solar irradiance at the surface under varying convective cloud cover conditions. These values are obtained from observations and theoretical studies. A similar method is also applied to represent the IR cooling process. The main reason for neglecting the detailed treatment of these processes is to avoid the uncertainties associated with complex processes involving multiple scales, some of which are poorly understood, and therefore to concentrate more on the basic physical mechanisms.

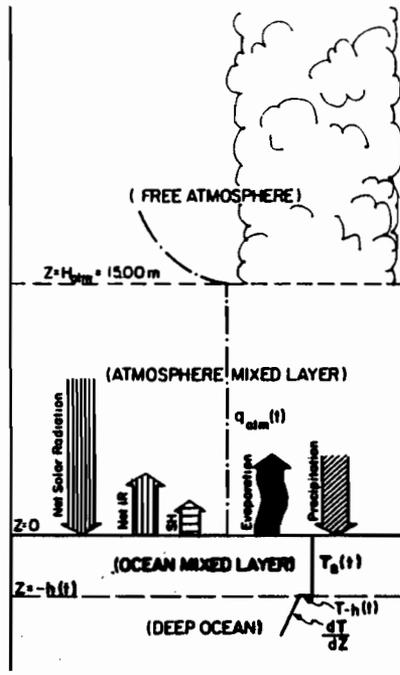


Fig. 4: Schematic structure of the fully coupled atmosphere-ocean mixed layer model (MD2).

In the model atmosphere, the process is similar to MD1. The moisture amount transferred into the model atmospheric mixed layer is calculated again using the bulk aerodynamic formula

$$E(t) = \rho_a C_D |u_a(t)| (q_{sat}[T_s(t)] - q_{atm}(t)). \quad (5)$$

Here,  $q_{sat}[T_s(t)]$  is time dependent as SST varies with time in this model. A Bowen ratio of 0.2 is used to obtain the value of the sensible heat flux required as an input to the ocean model.

The solar irradiance at the ocean surface are specified by the step function

$$R_{sw} = \begin{cases} R_{sw}^n, & \text{non-convective;} \\ R_{sw}^c, & \text{convective.} \end{cases} \quad (6)$$

The values in (6) are based upon the satellite and observational data analyses by Gautier and Katsaros (1984), Gautier (1986) and Gautier (1988). With these values, the bulk features of the influence of deep cumulus convection on the solar radiation transfer in the atmosphere have been included. Likewise the step function for IR change is

$$R_{IR} = \begin{cases} R_{IR}^n, & \text{non-convective;} \\ R_{IR}^c, & \text{convective,} \end{cases} \quad (7)$$

where the values for  $R_{IR}^n$  and  $R_{IR}^c$  are based on a study by Stephens *et al.* (1981).

## b) Model Results

Table 1 lists some of the model experiments we conducted. The physical parameters, their values, and the model predicted quantities are included in this table.

Since only thermodynamic and turbulent mixing processes in the two mixed layers are considered, only a few of these experiments reach a steady or an equilibrium state through the period of integration. Fig. 5 shows the result from one of the experiments (experiment 1 in Table 1) in which an equilibrium state has been reached. From this figure we see that the oscillation of the extra water content in the atmospheric mixed layer still experienced when the model has varying SST. This oscillation, through the coupling and feedback with the solar radiation and hence the surface energy process, influences the processes in the ocean mixed layer (Figs. 5b,c and d). The time scale of these oscillations predicted by the model is 33 days.

As we have discussed in Section 2, in the process of the hydrologic circulation a pulsating energy disturbance is released in the convection phase. This disturbance then causes dynamic perturbations in the atmospheric momentum and mass fields (Salby and Garcia, 1987). The observed oscillation in the atmospheric relative angular momentum (Anderson and Rosen, 1983) may also be related with this pulsating energy disturbance. On the other hand, this energy disturbance, in addition to the change in the solar energy input, affects the energy budget of the ocean mixed layer. As a consequence of the hydrologic circulation in the atmosphere-ocean system, the 30-60 day oscillations therefore appear in both the tropical atmosphere and ocean.

Because the thermodynamic processes depend on SST in a highly nonlinear fashion, the results illustrated in Table 1 differ from those obtained from MD1. In Fig. 3, a higher SST in the one-way model causes a dramatic increase in the period of the model's hydrologic circulation. Results from the fully coupled model, however, are not as simple. Using  $29^\circ\text{C}$  as the initial SST, the hydrologic cycle reaches a steady period of 35 days (experiment 2 in Table 1). This period is quite close to that predicted in experiment 1 where the initial SST is  $28^\circ\text{C}$ . However when a colder SST is used to start the model run, the predicted result are distinctly different (Fig. 6).

Results presented in Table 1 also show the model sensitivity to other model parameters.

## 5. ONE-DIMENSIONAL GCM AND RESULTS

To test our hypothesis in a more complete manner different experiments have also been conducted with the one-dimensional version of the UCLA/CSU GCM (Randall and Dazlich, 1989). This 1-D model includes the full radiation and moist physics parameterization of the GCM, and is coupled to a slab of ocean of fixed depth. The slab ocean does not exchange energy with deeper ocean layers; its temperature is controlled entirely by the surface energy flux.

At this stage some very preliminary results from experiments with this 1-D GCM model have been obtained and are shown in Figs. 7 and 8. These results support the major findings from our previous conceptual models. When run with a ocean slab depth of 60m, the model produces obvious oscillation of sea surface temperature, with amplitude  $0.4^\circ\text{C}$  and a period of 60 days (Figs. 7a and 8a). This oscillation is accompanied by 60-day fluctuations of the surface energy flux, precipitation rate and cloudiness (Figs. 7b, 7c and 8b). The changes in the surface energy flux are due to changes in the absorbed solar radiation, which are controlled by the cloudiness fluctuations or model convections.

During the warming phase of the oscillation, the sea surface temperature and the convective precipitation rate gradually increase. Eventually the cloudiness increases to the point that the solar radiation absorbed by the ocean is reduced, allowing the ocean to begin cooling. This cooling is followed by a reduction in the model convective activity, which leads to a reduction in the cloudiness. The absorbed solar radiation then increases, and the model hydrologic cycle is re-initiated.

**Table 1: Model Experiments and Results** – Among the output quantities,  $\tau$  is the predicted period of the model hydrological circulation.  $\Sigma q$  is the maximum extra water amount accumulated in the model atmosphere before convection starts.  $\Delta T$  and  $\Delta h$  are respectively the amplitudes of changes in the SST and depth of ocean mixed layer in a hydrological circulation. When a steady state is not reached in a model run, these quantities are given from a nominal cycle in model integration.

Physical Parameter	Experimental Value					
	1	2	3	4	5	6
$R_{SW}^a (W/m^2)$	250	250	250	250	250	260*
$R_{SW}^c (W/m^2)$	120	120	120	120	120	105*
$R_{IR}^a (W/m^2)$	40	40	40	40	40	40
$R_{IR}^c (W/m^2)$	40	40	40	40	40	40
$u_s$ : ( $u_b, u_m, \Delta t_d$ )	(2, 12, 13.0)	(2, 12, 13.0)	(2, 12, 13.0)	(2, 12, 11.5*)	(2, 12, 15.0*)	(2, 12, 13.0)
$P (mm/day)$	2.5	3.0*	2.5	2.5	2.5	2.5
$T_s(t=0)(^{\circ}C)$	28.0	29.0*	28.0*	28.0	28.0	28.0
$T_{-h}(t=0)(^{\circ}C)$	25.0	26.0*	23.0*	25.0	25.0	25.0
Output Quantity	Model Predicted Result					
$\tau (days)$	33	35	the 5th: 23 the 9th: 15	the 5th: 33 the 20th: 37	the 5th: 33 the 20th: 26	31
$\Sigma q (cm/m^2)$	1.49	1.51	the 9th: 0.35	the 20th: 1.70	the 20th: 0.80	1.40
$\Delta T_s(^{\circ}C)$	1.68	1.63	the 9th: 0.83	the 20th: 1.67	the 20th: 1.41	1.83
$\Delta h(m)$	21.85	21.39	the 9th: 13.51	the 20th: 21.48	the 20th: 19.50	24.93

\*: Parameter value different from that in the controlled experiment (experiment 1).

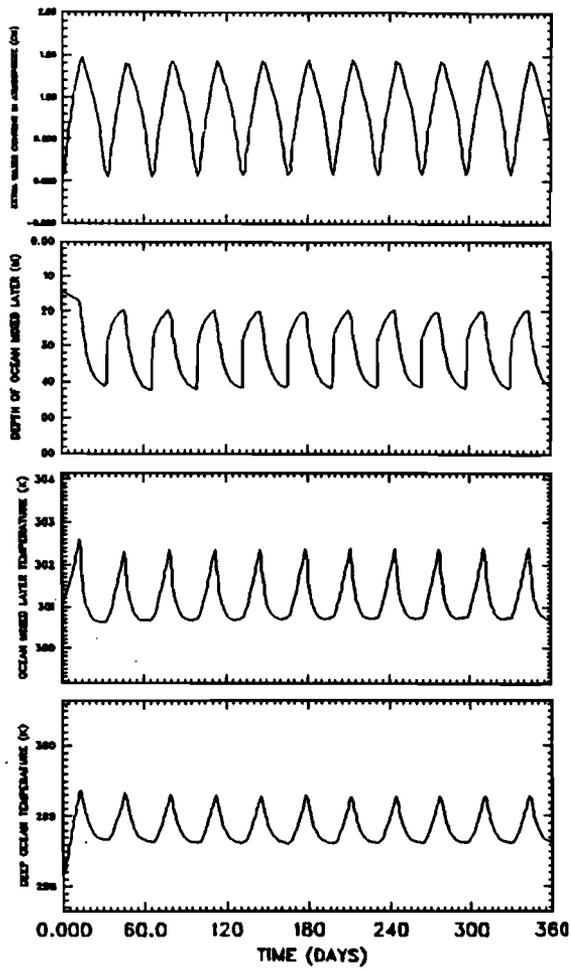


Fig. 5: Model results from experiment 1 in Table 1.

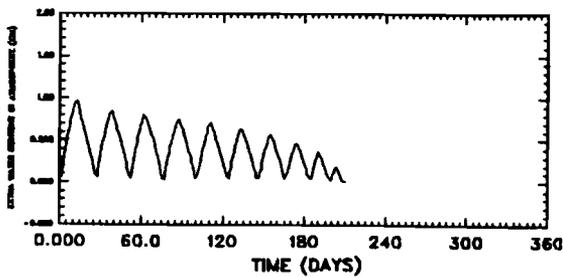


Fig. 6: Temporal variation of the extra water content in the model atmosphere from experiment 3 in Table 1.

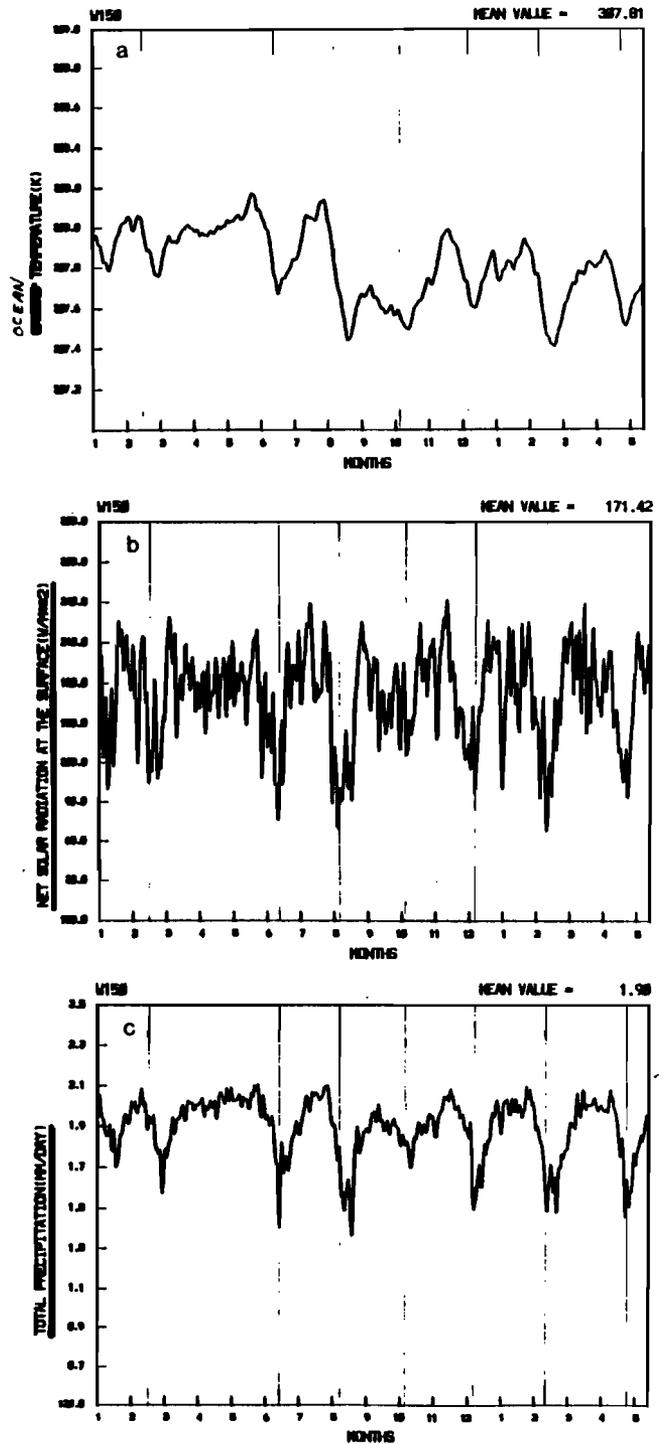
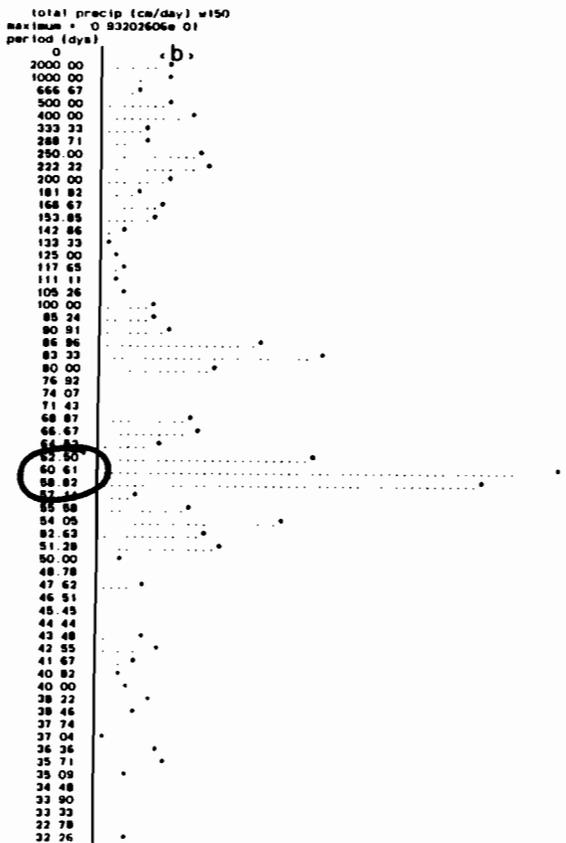
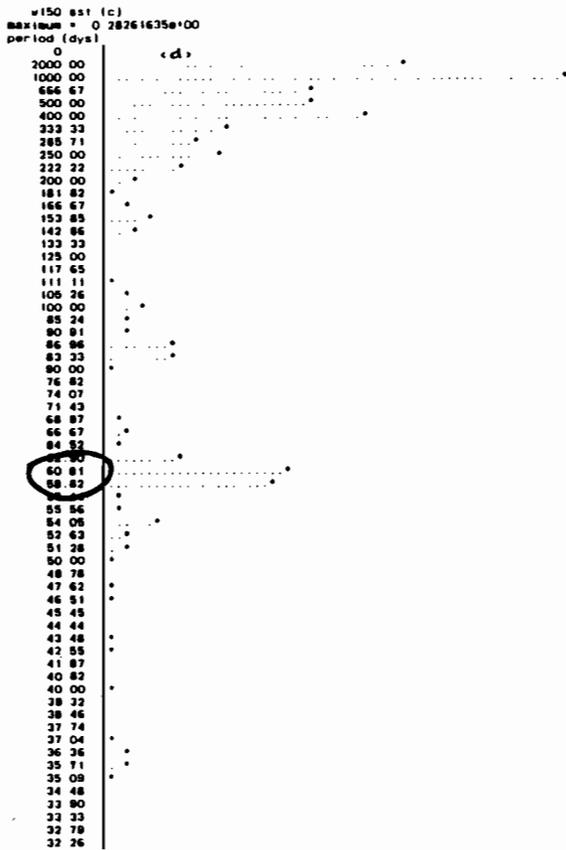


Fig. 7: Temporal variations of (a) SST, (b) solar radiation absorbed at the ocean surface, and (c) daily precipitation from the 1-D GCM.



## 6. CONCLUDING REMARKS

In this study we have shown that the 30-60 day oscillations in the tropical atmosphere and ocean can result from the hydrologic circulation in a coupled atmosphere-ocean system. This circulation is intrinsic to this system and is a consequence of the energy exchange and energy balance in this system.

The time scale of this circulation can be determined in a simple coupled atmosphere-ocean model when the role of moisture played in the atmosphere is incorporated in the model. By parameterizing this role in terms of the 'model atmospheric moisture tolerance' in our conceptual models we showed that the hydrologic cycle is spontaneously carried on in the tropical atmosphere-ocean system. Its existence was basically independent of the variations of the low level wind.

Our hypothesized relationship between the hydrologic circulation and the intraseasonal oscillation in the tropical atmosphere and ocean was also examined in a 1-D GCM. The model results were positive in supporting this relationship. Meanwhile, the analysis of the thermodynamic process in the 1-D GCM illustrated the mechanism we proposed.

Based on our results we conclude that the hydrologic cycle in the tropical atmosphere-ocean system is fundamental to the observed intraseasonal oscillations in the tropics. The physical restriction of the accumulation of latent heat in the lower tropical troposphere and the reduction of the source supply of energy to the tropical atmosphere-ocean system, through cloud-solar radiation interaction, are crucially important to the presence and time scale of this hydrologic cycle.

## 7. ACKNOWLEDGMENTS

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Fig. 8: Square of the amplitudes of the Fourier harmonics of (a) model SST, and (b) model precipitation. Peaks at about 60 days are outstanding.

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**WESTERN PACIFIC INTERNATIONAL MEETING  
AND WORKSHOP ON TOGA COARE**

**Nouméa, New Caledonia**

**May 24-30, 1989**

**PROCEEDINGS**

*edited by*

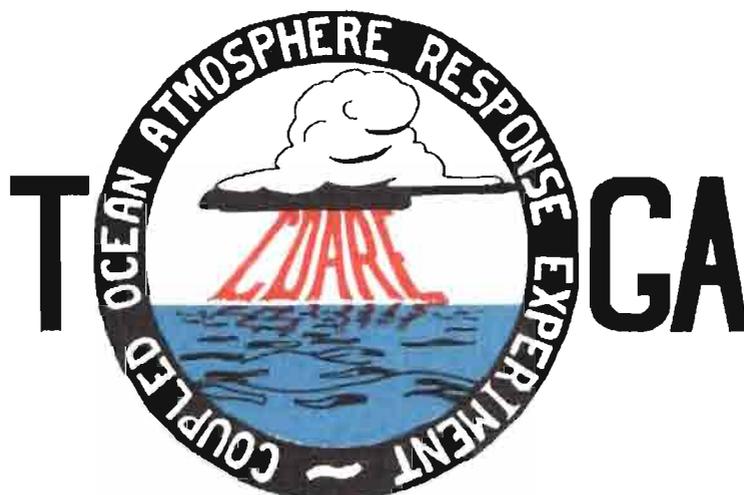
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## TABLE OF CONTENTS

<b>ABSTRACT</b> .....	i
<b>RESUME</b> .....	iii
<b>ACKNOWLEDGMENTS</b> .....	vi
<b>INTRODUCTION</b>	
<b>1. Motivation</b> .....	1
<b>2. Structure</b> .....	2
<b>LIST OF PARTICIPANTS</b> .....	5
<b>AGENDA</b> .....	7
<b>WORKSHOP REPORT</b>	
<b>1. Introduction</b> .....	19
<b>2. Working group discussions, recommendations, and plans</b> .....	20
a. Air-Sea Fluxes and Boundary Layer Processes .....	20
b. Regional Scale Atmospheric Circulation and Waves .....	24
c. Regional Scale Oceanic Circulation and Waves .....	30
<b>3. Related programs</b> .....	35
a. NASA Ocean Processes and Satellite Missions .....	35
b. Tropical Rainfall Measuring Mission .....	37
c. Typhoon Motion Program .....	39
d. World Ocean Circulation Experiment .....	39
<b>4. Presentations on related technology</b> .....	40
<b>5. National reports</b> .....	40
<b>6. Meeting of the International Ad Hoc Committee on TOGA COARE</b> .....	40
<b>APPENDIX: WORKSHOP RELATED PAPERS</b>	
<b>Robert A. Weller and David S. Hosom: Improved Meteorological     Measurements from Buoys and Ships for the World Ocean     Circulation Experiment</b> .....	45
<b>Peter H. Hildebrand: Flux Measurement using Aircraft     and Radars</b> .....	57
<b>Walter F. Dabberdt, Hale Cole, K. Gage, W. Ecklund and W.L. Smith:     Determination of Boundary-Layer Fluxes with an Integrated     Sounding System</b> .....	81

## MEETING COLLECTED PAPERS

## WATER MASSES, SEA SURFACE TOPOGRAPHY, AND CIRCULATION

<b>Klaus Wyrtki: Some Thoughts about the West Pacific Warm Pool</b> .....	99
<b>Jean René Donguy, Gary Meyers, and Eric Lindstrom: Comparison of the Results of two West Pacific Oceanographic Expeditions FOC (1971) and WEPOCS (1985-86)</b> .....	111
<b>Dunxin Hu, and Maochang Cui: The Western Boundary Current in the Far Western Pacific Ocean</b> .....	123
<b>Peter Hacker, Eric Firing, Roger Lukas, Philipp L. Richardson, and Curtis A. Collins: Observations of the Low-latitude Western Boundary Circulation in the Pacific during WEPOCS III</b> .....	135
<b>Stephen P. Murray, John Kindle, Dharma Arief, and Harley Hurlburt: Comparison of Observations and Numerical Model Results in the Indonesian Throughflow Region</b> .....	145
<b>Christian Henin: Thermohaline Structure Variability along 165°E in the Western Tropical Pacific Ocean (January 1984 - January 1989)</b> .....	155
<b>David J. Webb, and Brian A. King: Preliminary Results from Charles Darwin Cruise 34A in the Western Equatorial Pacific</b> .....	165
<b>Warren B. White, Nicholas Graham, and Chang-Kou Tai: Reflection of Annual Rossby Waves at The Maritime Western Boundary of the Tropical Pacific</b> .....	173
<b>William S. Kessler: Observations of Long Rossby Waves in the Northern Tropical Pacific</b> .....	185
<b>Eric Firing, and Jiang Songnian: Variable Currents in the Western Pacific Measured During the US/PRC Bilateral Air-Sea Interaction Program and WEPOCS</b> .....	205
<b>John S. Godfrey, and A. Weaver: Why are there Such Strong Steric Height Gradients off Western Australia ?</b> .....	215
<b>John M. Toole, R.C. Millard, Z. Wang, and S. Pu: Observations of the Pacific North Equatorial Current Bifurcation at the Philippine Coast</b> .....	223

## EL NINO/SOUTHERN OSCILLATION 1986-87

<b>Gary Meyers, Rick Bailey, Eric Lindstrom, and Helen Phillips: Air/Sea Interaction in the Western Tropical Pacific Ocean during 1982/83 and 1986/87</b> .....	229
<b>Laury Miller, and Robert Cheney: GEOSAT Observations of Sea Level in the Tropical Pacific and Indian Oceans during the 1986-87 El Nino Event</b> .....	247
<b>Thierry Delcroix, Gérard Eldin, and Joël Picaut: GEOSAT Sea Level Anomalies in the Western Equatorial Pacific during the 1986-87 El Nino, Elucidated as Equatorial Kelvin and Rossby Waves</b> .....	259
<b>Gérard Eldin, and Thierry Delcroix: Vertical Thermal Structure Variability along 165°E during the 1986-87 ENSO Event</b> .....	269
<b>Michael J. McPhaden: On the Relationship between Winds and Upper Ocean Temperature Variability in the Western Equatorial Pacific</b> .....	283

<b>John S. Godfrey, K. Ridgway, Gary Meyers, and Rick Bailey:</b> Sea Level and Thermal Response to the 1986-87 ENSO Event in the Far Western Pacific .....	291
<b>Joël Picaut, Bruno Camusat, Thierry Delcroix, Michael J. McPhaden, and Antonio J. Busalacchi:</b> Surface Equatorial Flow Anomalies in the Pacific Ocean during the 1986-87 ENSO using GEOSAT Altimeter Data .....	301

#### THEORETICAL AND MODELING STUDIES OF ENSO AND RELATED PROCESSES

<b>Julian P. McCreary, Jr.:</b> An Overview of Coupled Ocean-Atmosphere Models of El Nino and the Southern Oscillation .....	313
<b>Kensuke Takeuchi:</b> On Warm Rossby Waves and their Relations to ENSO Events .....	329
<b>Yves du Penhoat, and Mark A. Cane:</b> Effect of Low Latitude Western Boundary Gaps on the Reflection of Equatorial Motions .....	335
<b>Harley Hurlburt, John Kindle, E. Joseph Metzger, and Alan Wallcraft:</b> Results from a Global Ocean Model in the Western Tropical Pacific .....	343
<b>John C. Kindle, Harley E. Hurlburt, and E. Joseph Metzger:</b> On the Seasonal and Interannual Variability of the Pacific to Indian Ocean Throughflow .....	355
<b>Antonio J. Busalacchi, Michael J. McPhaden, Joël Picaut, and Scott Springer:</b> Uncertainties in Tropical Pacific Ocean Simulations: The Seasonal and Interannual Sea Level Response to Three Analyses of the Surface Wind Field .....	367
<b>Stephen E. Zebiak:</b> Intraseasonal Variability - A Critical Component of ENSO ? .....	379
<b>Akimasa Sumi:</b> Behavior of Convective Activity over the "Jovian-type" Aqua-Planet Experiments .....	389
<b>Ka-Ming Lau:</b> Dynamics of Multi-Scale Interactions Relevant to ENSO .....	397
<b>Pecheng C. Chu and Roland W. Garwood, Jr.:</b> Hydrological Effects on the Air-Ocean Coupled System .....	407
<b>Sam F. Iacobellis, and Richard C.J. Somerville:</b> A one Dimensional Coupled Air-Sea Model for Diagnostic Studies during TOGA-COARE .....	419
<b>Allan J. Clarke:</b> On the Reflection and Transmission of Low Frequency Energy at the Irregular Western Pacific Ocean Boundary - a Preliminary Report .....	423
<b>Roland W. Garwood, Jr., Pecheng C. Chu, Peter Muller, and Niklas Schneider:</b> Equatorial Entrainment Zone : the Diurnal Cycle .....	435
<b>Peter R. Gent:</b> A New Ocean GCM for Tropical Ocean and ENSO Studies .....	445
<b>Wasito Hadi, and Nuraini:</b> The Steady State Response of Indonesian Sea to a Steady Wind Field .....	451
<b>Pedro Ripa:</b> Instability Conditions and Energetics in the Equatorial Pacific .....	457
<b>Lewis M. Rothstein:</b> Mixed Layer Modelling in the Western Equatorial Pacific Ocean .....	465
<b>Neville R. Smith:</b> An Oceanic Subsurface Thermal Analysis Scheme with Objective Quality Control .....	475
<b>Duane E. Stevens, Qi Hu, Graeme Stephens, and David Randall:</b> The hydrological Cycle of the Intraseasonal Oscillation .....	485
<b>Peter J. Webster, Hai-Ru Chang, and Chidong Zhang:</b> Transmission Characteristics of the Dynamic Response to Episodic Forcing in the Warm Pool Regions of the Tropical Oceans .....	493

## MOMENTUM, HEAT, AND MOISTURE FLUXES BETWEEN ATMOSPHERE AND OCEAN

<b>W. Timothy Liu: An Overview of Bulk Parametrization and Remote Sensing of Latent Heat Flux in the Tropical Ocean</b> .....	513
<b>E. Frank Bradley, Peter A. Coppin, and John S. Godfrey: Measurements of Heat and Moisture Fluxes from the Western Tropical Pacific Ocean</b> .....	523
<b>Richard W. Reynolds, and Ants Leetmaa: Evaluation of NMC's Operational Surface Fluxes in the Tropical Pacific</b> .....	535
<b>Stanley P. Hayes, Michael J. McPhaden, John M. Wallace, and Joël Picaut: The Influence of Sea-Surface Temperature on Surface Wind in the Equatorial Pacific Ocean</b> .....	543
<b>T.D. Keenan, and Richard E. Carbone: A Preliminary Morphology of Precipitation Systems In Tropical Northern Australia</b> .....	549
<b>Phillip A. Arkin: Estimation of Large-Scale Oceanic Rainfall for TOGA</b> .....	561
<b>Catherine Gautier, and Robert Frouin: Surface Radiation Processes in the Tropical Pacific</b> .....	571
<b>Thierry Delcroix, and Christian Henin: Mechanisms of Subsurface Thermal Structure and Sea Surface Thermo-Haline Variabilities in the South Western Tropical Pacific during 1979-85 - A Preliminary Report</b> .....	581
<b>Greg. J. Holland, T.D. Keenan, and M.J. Manton: Observations from the Maritime Continent : Darwin, Australia</b> .....	591
<b>Roger Lukas: Observations of Air-Sea Interactions in the Western Pacific Warm Pool during WEPOCS</b> .....	599
<b>M. Nunez, and K. Michael: Satellite Derivation of Ocean-Atmosphere Heat Fluxes in a Tropical Environment</b> .....	611

## EMPIRICAL STUDIES OF ENSO AND SHORT-TERM CLIMATE VARIABILITY

<b>Klaus M. Weickmann: Convection and Circulation Anomalies over the Oceanic Warm Pool during 1981-1982</b> .....	623
<b>Claire Perigaud: Instability Waves in the Tropical Pacific Observed with GEOSAT</b> .....	637
<b>Ryuichi Kawamura: Intraseasonal and Interannual Modes of Atmosphere-Ocean System Over the Tropical Western Pacific</b> .....	649
<b>David Gutzler, and Tamara M. Wood: Observed Structure of Convective Anomalies</b> .....	659
<b>Siri Jodha Khalsa: Remote Sensing of Atmospheric Thermodynamics in the Tropics</b> .....	665
<b>Bingrong Xu: Some Features of the Western Tropical Pacific: Surface Wind Field and its Influence on the Upper Ocean Thermal Structure</b> .....	677
<b>Bret A. Mullan: Influence of Southern Oscillation on New Zealand Weather</b> .....	687
<b>Kenneth S. Gage, Ben Basley, Warner Ecklund, D.A. Carter, and John R. McAfee: Wind Profiler Related Research in the Tropical Pacific</b> .....	699
<b>John Joseph Bates: Signature of a West Wind Convective Event in SSM/I Data</b> .....	711
<b>David S. Gutzler: Seasonal and Interannual Variability of the Madden-Julian Oscillation</b> .....	723
<b>Marie-Hélène Radenac: Fine Structure Variability in the Equatorial Western Pacific Ocean</b> .....	735
<b>George C. Reid, Kenneth S. Gage, and John R. McAfee: The Climatology of the Western Tropical Pacific: Analysis of the Radiosonde Data Base</b> .....	741

<b>Chung-Hsiung Sui, and Ka-Ming Lau: Multi-Scale Processes in the Equatorial Western Pacific</b> .....	<b>747</b>
<b>Stephen E. Zebiak: Diagnostic Studies of Pacific Surface Winds</b> .....	<b>757</b>

#### MISCELLANEOUS

<b>Rick J. Bailey, Helene E. Phillips, and Gary Meyers: Relevance to TOGA of Systematic XBT Errors</b> .....	<b>775</b>
<b>Jean Blanchot, Robert Le Borgne, Aubert Le Bouteiller, and Martine Rodier: ENSO Events and Consequences on Nutrient, Planktonic Biomass, and Production in the Western Tropical Pacific Ocean</b> .....	<b>785</b>
<b>Yves Dandonneau: Abnormal Bloom of Phytoplankton around 10°N in the Western Pacific during the 1982-83 ENSO</b> .....	<b>791</b>
<b>Cécile Dupouy: Sea Surface Chlorophyll Concentration in the South Western Tropical Pacific, as seen from NIMBUS Coastal Zone Color Scanner from 1979 to 1984 (New Caledonia and Vanuatu)</b> .....	<b>803</b>
<b>Michael Szabados, and Darren Wright: Field Evaluation of Real-Time XBT Systems</b> .....	<b>811</b>
<b>Pierre Rual: For a Better XBT Bathy-Message: Onboard Quality Control, plus a New Data Reduction Method</b> .....	<b>823</b>