

Table 1.
Some examples of galenic herbal preparations made by Health Education Groups, Mexico, 1985-1992

Common Name	Scientific Name	Galenic Preparation	Part of the plant	Use
Cuatecomate	<i>Crescentia alata</i> H.B.K. Bignoniaceae	Wine	Fruit	Cough
Guaco	<i>Aristolochia fétida</i> H.B.K. Aristolochiaceae	Tincture	Stem and leaves	Scorpion bit
Sosa	<i>Solanum torvum</i> Swartz Solanaceae	Pomade	Leaves	Mycosis
Tomillo	<i>Thymus vulgaris</i> L. Lamiaceae	Tincture	Leaves	Sore Throat
Gordolobo	<i>Gnaphalium inornatum</i> DC Asteraceae	Syrup	Flowers	Cough
Pasiflora	<i>Passiflora incarnata</i> L. Passifloraceae	Syrup	Leaves	Anxiety, Insomnia
Tila	<i>Ternstræmia</i> Pringley Ternstræmiaceae	Syrup	Flowers	Anxiety, Insomnia
Chaparro Amargo	<i>Castela tortuosa</i> Simaroubaceae	Capsules	Stems	Amibiasis
Prodigiosa	<i>Calea zacatechichi</i> Schl.	Tincture	Aerial parts	Dyspepsia

Table 2.
Price comparison between some galenic herbal preparations made by health education groups and pharmaceutical commercial products popularly used against the same ailments (Mexico, prices in Mexican Pesos, January 1995)

Common and scientific name	Galenic preparation	Use	Price	Pharmaceutical product	Price
Cuatecomate <i>Crescentia alata</i> H.B.K.	Wine 125 cc	Cough	1.60	Dextromethorphan Syrup 125 cc	6.40
Guaco <i>Aristolochia fétida</i>	Tincture* 40 cc	Scorpion bit	0.40	Antivenin scorpion bit serum, one dose Chloroquine 2 cc	102.14 200
Sosa <i>Solanum torvum</i>	Pomade 30 g	Mycosis	0.45	Tolnaphtata pomage 30 g	7.67
Eucalipto + Ocote + Poleo <i>Eucalyptus globulus</i> , <i>Pinus teocote</i> , <i>Mentha pulegium</i>	Pomade 90 g	Cold, upper respiratory ailments	1.10	Camphor + Menthol + Turpentine + Eucalyptus Pomade 90 g	9.79
Gordolobo <i>Gnaphalium inornatum</i>	Syrup 23 cc	Cough	1.10	Dextrometorphan	6.40
Pasiflora + Tila + Azahar <i>Passiflora incarnata</i> , <i>Ternstræmia pringley</i> , <i>Citrus</i> sp.	Syrup 125 cc	Anxiety, insomnia	1.40	Diazepam 125 cc	8.45
Chaparro amargo <i>Castela tortuosa</i>	Capsules 300 mg (90)	Amibiasis	3.40	Metronidazole caps. 250 mg (120)	9.75
Prodigiosa <i>Calea zacatechichi</i>	Tincture 40 cc	Duspepsia	0.40	Metroclopramide tablets 10 mg (30)	9.43